

Liz Wolf

Sculptor

“Standing Watch”

would encounter a deer, but only for a moment. In that moment, their presence was like magic. One sunny fall day, I was walking in a field of high grass and came upon a large patch that was padded like a nest where a deer had slept the night before. The nest was so inviting and everything around me was so perfect- the sun, the grass, the moment- that I laid down in it and took a nap.

In the deer, I see a very powerful spirit with gentle yet guardian qualities. They have great vision and clarity and their hearing is equally acute. The antler has been called a symbol of antennae; connections to higher forms of harmony, teaching us not only to pay attention to all that surrounds us but also our inner thoughts and experience. Inner thoughts and experience evolve into wisdom only known and taught by elders; the ones that stand watch over us. To share an animal spirit with our human spirit is a blessing.